

***Nathan D. Wood, Ph.D., LMFT***

*AAMFT Approved Supervisor*

*Associate Professor*

*Director, Couple and Family Therapy Program*

*Department of Family Sciences, University of Kentucky*

*315 Funkhouser Bldg*

*Lexington, KY 40506*

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*(859) 257-7932*

## **Education**

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- Ph.D. Brigham Young University, August 2004  
Marriage and Family Therapy.  
 Dissertation: What works for whom: A meta-analytic review of marital and couples therapy in reference to marital distress.
- M.S. Brigham Young University, December 2000  
Marriage and Family Therapy.  
 Thesis: The relationship between therapist age, experience, profession, and decreased medical utilization in a health maintenance organization.
- B.S. Utah State University, Cum Laude. March 1998.  
Psychology. Minor: Sociology & Tagalog.

## **Academic Positions**

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- 7/15 – Current University of Kentucky  
*Associate Professor, CFT Program Director, Family Sciences.* Met teaching, research, and service requirements with enthusiasm and strived for excellence in each endeavor. Instructor and course ratings are consistently at, or above, department, college, and university averages.
- Life-Course Human Development (FAM 254)
  - Using the DSM in MFT Assessment of Psychopathology, Violence, and Addictions (FAM 640)
  - The Life Course Perspective on Families and Individuals (FAM 654)
  - Theory and Methods in Family Therapy (FAM 686)
  - Couples and Sex Therapy (FAM 740)
  - Practicum of Marriage and Family Therapy (FAM 787)
  - Faculty advisor to the UK Student Association for Marriage and Family Therapy
  - Coordinated departmental learning outcomes and directed the COAMFTE accredited CFT program
- 7/09 – 6/15 University of Kentucky

*Assistant Professor, Family Sciences.* Met teaching, research, and service requirements. Helped define department learning outcomes.

- Life-Course Human Development (FAM 254)
- Using the DSM in MFT Assessment of Psychopathology, Violence, and Addictions (FAM 640)
- The Life Course Perspective on Families and Individuals (FAM 654)
- Theory and Methods in Family Therapy (FAM 686)
- Couples and Sex Therapy (FAM 740)
- Practicum of Marriage and Family Therapy (FAM 787)
- Faculty advisor to the UK Student Association for Marriage and Family Therapy
- Coordinated departmental learning outcomes and directed the COAMFTE accredited CFT program

8/08 – 6/09

University of Kentucky

*Visiting Professor, Family Sciences.*

- Life-Course Human Development (FAM 254)
- Theory and Methods in Family Therapy (FAM 686)
- Couples and Sex Therapy (FAM 740)
- Practicum of Marriage and Family Therapy (FAM787).

8/04 – 8/07

Brigham Young University

*Part-Time Faculty.* Primary duties included preparation and delivery of courses for the Marriage, Family, and Human Development program and the Marriage and Family Therapy Program. Received above average department, college, and university student reviews for the following courses.

- Introduction to Interviewing Skills (MFHD 356)
- Practicum in Marriage and Family Therapy (MFT 655R, 3 semesters)
- Psychopathology and Assessment in Marriage and Family Therapy (MFT 651)
- Introduction to Family Process (MFHD 160)

1/99 – 6/04

Brigham Young University

*Student Instructor.* Duties included preparation and delivery of 16 sections of various undergraduate courses for the Marriage, Family, and Human Development program including:

- Marriage Preparation (multiple sections)
- Research Methods (multiple sections)
- Parenting
- Family Adaptation and Resiliency
- Human Development

## Publications (Peer Reviewed- \*Student Collaborator)

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- \*Vowels, M. J., Mark, K. P., \*Vowels, L. M., & Wood, N. D. (2018). Using spectral and cross-spectral analysis to identify patterns and synchrony in couples' sexual desire. *Plos One*. DOI: 10.1371/journal.pone.0205330
- Wood, N.D., & \*Okhotnikov, I. A. (2017). Spatial statistics for dyadic data: Analyzing the relationship landscape. *Journal of Marital and Family Therapy*, 43(1), 51-64. DOI: 10.1111/jmft.12179
- Wood, N. D., \*Gnonhossou, D. A., & \*Bowling, J. W. (2015). Combining parallel and exploratory factor analysis in identifying relationship scales in secondary data. *Marriage and Family Review*, 51, 385-395. doi: 10.1080/01494929.2015.1059785
- Wood, N. D. (2014). Location, location, location: Applying spatial statistics to the relationship landscape. *Family Process*, 53, 596-607. doi: 10.1111/famp.12097
- \*Shalash, F., Wood, N. D., & Parker, T. S. (2013). Our problems are your sibling's fault: Exploring the connections between conflict styles of siblings during adolescence and later adult committed relationships. *American Journal of Family Therapy*, 41, 288-298. doi: 10.1080/01926187.2012.698205
- \*Terveer, A. M., & Wood, N. D. (2013). Dispositional optimism and marital adjustment. *Contemporary Family Therapy*, 1-12. doi:10.1007/s10591-013-9292-0
- Wood, N. D., & Crawford, C. B. (2012). A visual method for couple assessment, therapy progress, and identifying clinically significant change. *Journal of Couple and Relationship Therapy*, 11, 165-180. doi: 10.1080/15332691.2012.666501
- Wood, N. D., Werner-Wilson, R. J., Parker, T. S., & \*Perry, M. S. (2012). Exploring the impact of attachment anxiety and avoidance on the perception of couple conflict. *Contemporary Family Therapy*, 34, 416-428. doi: 10.1007/s10591-012-9202-x
- \*Frey, L. M., \*Blackburn, K. M., Werner-Wilson, R. J., Parker, T., & Wood, N. D. (2011). Post-traumatic stress disorder, attachment, and intimate partner violence in a military sample: A preliminary analysis. *Journal of Feminist Family Therapy*, 23, 218-230. doi: 10.1080/08952833.2011.604530
- Werner-Wilson, R. J., \*Lianekhammy, J., \*Frey, L., Parker, T., Wood, N., et al. (2011). Alpha asymmetry in female military spouses. *Journal of Feminist Family Therapy*, 23, 202-217. doi: 10.1080/08952833.2011.604534
- Wood, N. D., Crane, D. R., & Keller, P. S. (2011). Tracking marital adjustment, hostility, and physical functioning across time in a therapy population: A biopsychosocial model. *Contemporary Family Therapy*. doi: 10.1007/s10591-011-9164-4.

Wood, N. D., Crane, D. R., Schaalje, B., & Law, D. D. (2005). What works for whom: A meta-analytic review of marital and couples therapy in reference to marital distress. *American Journal of Family Therapy*, 33, 273-287. doi: 10.1080/01926180590962147

Crane, D. R., Wood, N. D., Law, D. D., & Schaalje, B. (2004). The relationship between therapist characteristics and decreased medical utilization: An exploratory study. *Contemporary Family Therapy: An International Journal*, 26, (1), 61-69. doi: 10.1023/B:COFT.0000016912.25239.52

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### **Manuscripts in Preparation/Review (Asterisk represents student involvement)**

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\*Butterbaugh, S., & Wood, N. D. (Revise and Resubmit). Identity development in women: The integration of identity, intimacy, and attachment. *Journal of Family Theory and Review*.

\*Okhotnikov, I., & Wood, N. D. (Revise and Resubmit). Adaptation of the Couple Satisfaction Index into Russian. *Contemporary Family Therapy*.

Parnell, K.J., Wood, N.D., & Scheel, M.J. (In review). The influence of a couple gratitude intervention on relationship satisfaction.

\*Vowels, L.M., Wood, N. D., & Kumashiro, M. (In preparation). The influence of attachment on the Michelangelo Phenomenon.

\*Novakova, L., & Wood, N. D. (In preparation). Perception accuracy in predicting actor and partner sexual satisfaction in couple relationships.

Wood, N. D., & \*Westmoreland, A., Werner-Wilson, R. J., & Parker, T. S. (In preparation). Exploring the family of origin over the attachment map.

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### **Invited Publications**

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Wood, N. D., Christensen, J., Law, D. D., & Crane, D. R. (In Press). Meta-Analysis in Couple and Family Therapy. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*, pages pending. New York: Springer.

Wood, N. D., & \*Reed, J. L. (In Press). Network in family systems theory. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*, pages pending. New York: Springer.

Wood, N. D., & \*Reed, J. L. (In Press). Reductionism in family systems theory. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*, pages pending. New York: Springer.

## **Publications (Non-peer reviewed)**

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Wood, N. D. (May, 2009). Developing learning outcomes in family studies. *Sizzle: What's Hot in Assessment*, 2(5), 2.

Stahmann, R. F., & Wood, N. D. (2007). *25 keys to a great marriage*. Leatherwood Press: Sandy, Utah.

Wood, N. D., Crane, D. R., Law, D. D., Heaton, T. B., & Turner, L. (1999). The Medical Offset in Marriage and Family Therapy. *Working Together: The Collaborative Family HealthCare Coalition Newsletter*, 4, 3.

## **Invited Presentations**

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October 2019 – *Therapist “Way of Being” and Intimate Partner Violence and Elder Abuse*. A 3-hour workshop covering intimate partner violence and elder abuse. KY MFT All-In-One Conference, Louisville, KY.

February 2017 – *It Takes a Village to Intervene*. A 3-hour workshop covering intimate partner violence and elder abuse. Kentucky Association for Marriage and Family Therapy Annual Conference, Louisville, KY.

October 2014 – *DSM – 5 Explained*. A 6-hour workshop updating clinicians on relevant changes made within DSM-5. Presentation to Kentucky Association for Marriage and Family Therapy, Louisville, KY.

December 2012 – *Spatial Marriage Maps and Body Mass Index*. Presentation to the Phi U Alumni IOTA chapter, Lexington, KY.

November 2011 – *There is No Such Thing as Individual Health When You are Married*. Breakout session at the state wide “All School Conference,” Lexington, KY.

October, 2002, 2005 -- *Couple Assessment, Enactments, and Metaphor*. Training presentation given to therapists from LDS Family Services agencies in Utah.

## **Presentations (Refereed: Asterisk represents student involvement)**

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\*Vowels, M. J., \*Vowels, L. M., Wood, N. D., & Mark, K. (2019). *Insights into the Cycles of Family Life Via Spectral and Cross-Spectral Analysis*. Theory Construction and Research Methodology Workshop held immediately prior to the annual meeting of the National Council on Family Relations, Fort Worth, TX.

\*Okhotnikov, I, & Wood, N. D. (2019). *Relational Spirituality for Men and Women*. Paper presented at the annual meeting of the Society for the Scientific Study of Religion and the Religious Research Association, Saint Louis, MO.

- \*Reed, J. L., & Wood, N. D. (2019). *Parental Factors Influence on Emerging Adult's Sexual Attitudes*. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Austin, TX.
- \*Butterbaugh, S. M., & Wood, N. D. (2018). *Female Identity Development: The Integration of Identity, Intimacy, and Attachment*. Paper presented at the Theory Construction and Research Methodology Workshop held immediately prior to the annual meeting of the National Council on Family Relations, San Diego, CA.
- \*Okhotnikov, I., & Wood, N. D. (2018). *Relational Spirituality Pathways Across Two Cultures*. Poster presented at the National Council on Family Relations Annual Conference. Orlando, FL.
- \*Patrick, L. M., Kumashiro, M., & Wood, N. D. (2017). *The Influence of Attachment on the Michelangelo Phenomenon*. Society for Personality and Social Psychology. Atlanta, GA
- \*Patrick, L. M., Kumashiro, M., & Wood, N. D. (2017). *It's Not About Me, It's About You. Helping Your Partner Move Toward the Ideal Self Promotes Relationship Satisfaction*. Society of Southeastern Social Psychologists. Jacksonville, FL.
- \*Novakova, L., & Wood, N. D. (2017). *Perceptual Bias and Accuracy of Sexual Satisfaction in Committed Relationships*. Paper presented at the National Council on Family Relations Annual Conference. Orlando, FL.
- \*Okhotnikov, I., & Wood, N. D. (2017). *Adaptation of the Couples Satisfaction Index to Russian*. Paper presented at the National Council on Family Relations Annual Conference. Orlando, FL.
- Mark, K. P., \*Okhotnikov, I. A., & Wood, N. D. (2016). *Dyadic Analyses of Couples' Daily Reports of Love and Sexual Satisfaction*. Paper presented at the National Council on Family Relations Annual Conference. Minneapolis, Minnesota.
- Galovan, A., Holmes, E. K., Proulx, C., & Wood, N. D. (2014). *3-hour Quantitative Methods Workshop: Theoretical and Methodological Issues in Studying Dyads and Families*. Theory Construction and Research Methodology Workshop held immediately prior to the annual meeting of the National Council on Family Relations, Baltimore, MD.
- \*Gnonhossou, D. C. A., \*Okhotnikov, I., \*Zhang, Q., \*Svynarenko, R., & Wood, N. D., (2014). *Perspectives of Relational Quality Across Time And Place: An International Approach*. Poster symposium presented at the annual conference of the National Council on Family Relations, Baltimore, MD.
- \*Blackburn, K, Parker, T, Werner-Wilson, R. J., & Wood, N. (2013). *Therapist Brain Activity and the Therapeutic Relationship*. American Association for Marriage and Family Therapy. Portland, Oregon. Proceedings, American Association for Marriage and Family Therapy. Portland, Oregon.

- \*Hawks, J., Parker, T.S., Werner-Wilson, R.W., & Wood, N.D. (2013). *Inside the Brain: Affect, Empathy, and Frontal Alpha Asymmetry*. Poster presented at the annual meeting of the National Council on Family Relations, San Antonio, TX.
- \*Hawks, J., Parker, T.S., Werner-Wilson, R.W., & Wood, N.D. (2013). *Clients' Experiences of Spirituality in Couple's Therapy*. Presented at the annual conference of the American Association for Marriage and Family Therapy, Portland, OR.
- Wood, N.D. (2013). *Applying Spatial Statistics to the Relational Landscape*. Poster presented for the annual meeting of the National Council on Family Relations, San Antonio, TX.
- \*Bowling, J., Wood, N. D., Werner-Wilson, Parker, T. S., \*Perry, M. S., & \*Dalton, M. (2012). *Exploring Family of Origin Experiences and Neural Activation*. Presented at the annual conference of the American Association for Marriage and Family Therapy, Charlotte, NC.
- \*Hawks, J.M, \*Nordquist, E., \*Reed, K., Parker, T.S., \*Blackburn, K.M., \*Kimberly, C., Werner-Wilson, R.J., & Wood, N.D. (2012). *Couple's Empathy and Mirrored Physiology: A Pilot Study*. Presented at the annual conference of the American Association for Marriage and Family Therapy, Charlotte, NC.
- Wood, N. D., \*Bowling, J. W., Werner-Wilson, R. J., Parker, T. S., & \*Perry, M. S. (2012). *Perceiving Couples: Family of Origin and Attachment Effects*. Presented at the annual conference of the American Association for Marriage and Family Therapy, Charlotte, NC.
- Wood, N. D., Werner-Wilson, R. J., \*Perry, M. S., & Parker, T. S. (2012). *Exploring the Impact of Attachment on the Perceptions of Couples*. Poster presented at the annual conference of the National Council of Family Relations, Phoenix, AZ.
- \*Compton, L., Werner-Wilson, R. J., \*Perry, M. S., Parker, T. S., & Wood, N. D. (2011). *Seeking Help: Effects of Perceived Demand-Withdrawal Patterns*. American Association for Marriage and Family Therapy national conference, Fort Worth, TX.
- Parker, T.S., \*Blackburn, K.M., \*Puckett, J., Wood, N.D., & Werner-Wilson, R.J. (2011). *The Elephant in the Room: Physiology at Work in Therapy*. Workshop presented at the Annual meeting of the American Association for Marriage and Family Therapy, Fort Worth, TX.
- \*Perry, M. S., \*Compton, L., Werner-Wilson, R. J., Wood, N. D., & Parker, T. S. (2011). *Couple's Communication Behaviors During Military Deployment*. American Association for Marriage and Family Therapy national conference, Fort Worth, TX.
- \*Puckett, J. M., \*Blackburn, K. M., Parker, T. S., Wood, N. D., & Werner-Wilson, R. J. (2011). *Self-Awareness of PTSD and Relationship Satisfaction*. American Association for Marriage and Family Therapy national conference, Fort Worth, TX.

- Wood, N. D., Crane, D. R., & Crawford, C. B. (2010). *A Visual Guide for Analyzing Therapy Outcome by Relational Distress*. Poster session presented at the annual meeting of the American Association for Marriage and Family Therapy national conference, Atlanta, GA.
- Crane, D. R., Davenport, R. B., Ivey, D. C., & Wood, N. D. (2009). *Using Research and Financial Advocacy for MFTs*. Invited panelist for round-table discussion at American Association for Marriage and Family Therapy national conference, Sacramento, CA.
- \*Perry, M. S., Wood, N. D., & Werner-Wilson, R. J. (2009). *What Predicts Marital Satisfaction for Military Couples?* Poster presentation at American Association for Marriage and Family Therapy national conference, Sacramento, CA.
- Wood, N. D. (2009). *Show and Tell: Marital Assessment in Practice*. Workshop presentation at American Association for Marriage and Family Therapy national conference, Sacramento, CA.
- Wood, N. D., Crane, D. R., & Law, D. D. (2003). *Fitting Treatment to Marital Distress Level: A Meta-Analysis*. Poster session presented at the annual meeting of the American Association for Marriage and Family Therapy, Long Beach, CA. Manuscript was published.
- Wood, N. D., Crane, D. R., & Law, D. D. (2000). *Therapist Characteristics and the Offset Effect*. Poster session presented at the annual meeting of the American Association for Marriage and Family Therapy, Denver, CO. Manuscript was later published.
- Crane, D. R., Law, D. D., Heaton, T. B., & Wood, N. D. (1999). *Prediction of MFT Health Care Offset: Therapist and Patient Factors*. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Chicago, Illinois.
- Wood, N. D. (1999). *Preparing for Graduate Education in Marriage and Family Therapy*. Paper presented at the annual meeting of the Utah Association of Marriage and Family Therapy, Park City, Utah.
- Allgood, S. M., Mechem, A. M., Mickelson, M. J., & Wood, N. D. (1997) *Socializing Undergraduates Toward Family Therapy Using Independent Research*. Poster presented at the Utah Council on Family Relations Annual conference, Provo, Utah.

## **Grant Activity (External Funding)**

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### *Funded Projects*

- Werner-Wilson, R. J. [PI], Vail, A. [Co-PI], **Wood, N. D. [Co-PI]**, & Parker, T. [Co-PI]. The UK/BHMP Cooperative Relationship to Establish a Pro-Marriage/Pro-Family Initiative among Central Kentucky's Communities and Institutions. Kentucky Health and Family Services Cabinet, (July 2009-June 2010), \$142,378.



*Assisted in verifying content of programs, identifying educational opportunities, facilitated data integration between the grant data and Kentucky Health and Family Services' data, and organized the data for final data transfer.*

#### *Unfunded Projects*

Werner-Wilson, R. J. [PI], **Wood, N. D. [Co-PI]**, & Parker, T. S. [Co-PI]. Community-Centered Healthy Marriage and Relationship Education for Military Couples. Health and Human Services -- Administration for Children & Families, (2011), \$ 4,683,863.

*Primarily responsible for data management for the project and data transfer.*

Hahn, E. [PI], Rayans, M. K. [Co-PI], **Wood, N. D. [Co-PI]**, & Murray, D [Co-PI]. Partnering with Cooperative Extension to Reach Rural Smokers and Improve Quit Outcomes. Submitted to National Institute of Health, (2009), \$1,000,000.

*Identify relational functioning scales, assist in analysis, and design methodology.*

Werner-Wilson, R. J. [PI], **Wood, N. D. [PI]**, & Parker, T. S. [PI]. Investigation of a Relationship Enhancement Intervention on Post-Deployed Veterans and their Families. Submitted to National Institute of Mental Health Research Grants Program, (2009), \$1,111,105.

*The challenge grants solicited in 2009 allowed for multiple PIs. Assisted in designing the study, identifying educational opportunities, and data transfer.*

Werner-Wilson, R. J. [PI], **Wood, N. D. [PI]**, & Parker, T S. [PI]. Testing the Impact of Community Based Messages and Relational Enhancement Workshops on Attitudes Toward Intimate Partner Violence Through an Experimental Design. Submitted to National Institute of Mental Health Challenge Grants Program, (2009), \$962,840.

*The challenge grants solicited in 2009 allowed for multiple PIs. Assisted in designing the study, identifying educational opportunities, and data transfer.*

**Wood, N. D. [PI]**, Shipley, A. [Co-PI]. Cultivating Healthy Couple Relationships: An Evaluation of a Specialized Relationship Curriculum for African American College Women. National Center for Marriage Research External Grants Program, (2009), \$19,523.

*Assist in identifying content, facilitate execution of the study, and follow-up with doctoral candidate who was the Co-PI.*

### **Grant Activity (Internal Funding)**

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#### *Funded*

**Wood, N. D. [PI]**. Exploring the impact of nutrition education on medical care use (May 2016-September 2016). \$1,095

**Wood, N. D. [PI].** Exploring the impact of nutrition education on medical care use (May 2015-September 2015). \$5,773

**Wood, N. D. [PI],** Cotterill, D. [Co-PI], Kurzinske, J. [Co-PI], & Vail, A. [Co-PI]. Exploring medical/cost offset for EFNEP in KY: A biopsychosocial approach. Health Education through Extension Leadership, (May 2013-June 2014), \$16,194.79.

*Principle investigator and director of the interdisciplinary research team.*

Werner-Wilson, R. J. [PI], Werner-Wilson, T. [Co-PI], Parker, T. S. [Co-PI], & **Wood, N. D. [Co-PI].** Blue to You. Health Education through Extension Leadership, (July 2010-June 2011), \$44,190.

*Assist in program content as a consultant.*

#### *Unfunded*

Webber, K. [PI], & **Wood, N. D. [Co-PI].** Prevalence of Binge Eating Disorder in Appalachian Kentucky.

Center for Clinical and Translational Science, (2013), \$25,000.

*Assisted in identifying individual psychological functioning scales as well as family assessment instruments.*

**Wood, N. D. [PI],** & Webber, K.H. [Co-PI]. Testing mediation/moderation effects of attachment environments between daily stress and dietary intake. Center for Clinical and Translational Science, (2011), \$19,521.

*I was the principal investigator for an interdisciplinary laboratory based couples study during my first two years at UK. This grant was to increase the number participants in the original study.*

**Wood, N. D. [PI],** & Webber, K. [Co-PI]. Testing the relationship between daily stress, couple conflict style, attachment, and dietary intake. Health Education through Extension Leadership, (2011), \$19,521.

*I was the principal investigator for an interdisciplinary laboratory based couples study during my first two years at UK. This grant was to increase the number participants in the original study.*

## **Service**

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Department:

Program Director. This position carries 10% per year DOE and includes taking leadership in overseeing and maintaining the COAMFTE accredited couple and family therapy program. Also lead identifying, collecting, and reporting student and program

learning outcomes for masters and Couple and Family Therapy Program. (2016-Present)

Learning Outcomes Coordinator. This position carried 10% per year DOE and includes taking leadership in identifying, collecting, and reporting departmental learning outcomes for the department's bachelors, masters, couple and family therapy, and doctoral programs. (2009-2016)

Couple and family therapy admissions committee. This assignment requires reviewing paper applications and face to face interviews with candidates. As part of this service, I have contributed electronic tools to facilitate reviewing candidates and soliciting current student input on candidates and the interview process. (2009-present)

Curriculum Committee. I participate in reviewing curriculum changes, discussion of student learning experiences, and how to improve programs in the department. (2009-2013, 2015-present)

School of Human and Environmental Sciences:

HES Hall of Fame committee. Assisted in selecting candidates for induction into the HES Hall of Fame as well as participated in the induction ceremony. (2011-2012)

College of Agriculture, Food and Environment.:

College Promotion and Tenure Committee. Participated in reviewing dossiers for promotion to associate and full-professor with tenure at the college level. (2016-2018)

University of Kentucky Graduate School:

Graduate School Representative to three dissertation defenses.

Profession:

Commission on Accreditation for Marriage and Family Therapy Site Visitor: (2014-present)

Editorial board member: Contemporary Family Therapy (2012-present)

Adhoc Reviewer: Contemporary Family Therapy (2011-2012), Journal of Marital and Family Therapy (2012-present), Journal of Family Issues (2014), Journal of Family Theory and Review (2017-Present)

Abstract Reviewer: for the annual conference of the American Association for Marriage and Family therapy (multiple years) as well as the National Council on Family Relations (2013-present)

## **Professional Leadership**

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4/08 – 8/08                      President, Utah Association for Marriage and Family Therapy (UAMFT)

4/06 – 4/08                      President-Elect, UAMFT

6/04 – 3/06                      Legislative Committee Chair to UAMFT

## Clinical Experience

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- 8/08 – Current                      Private Practice  
*Therapist & Contract Supervisor.* Primary duties include assessment and treatment of families, couples, and individuals. Supervised associate licensed therapists for in-home therapy agency focused on low-income, family preservation/reunification, and underserved families.
- 8/07 – 7/08                          Avalon Hills Residential Eating Disorders Clinic  
*Therapist.* Primary duties included assessment and treatment of eating disorders in a collaborative health care residential setting for adult women. Effective treatment included individual, family, and group therapy. Assessed client motivation and learning styles to effectively develop and teach life-skills educational groups and programs. Actively participated in multi-disciplinary treatment team and in-service trainings.
- 6/02 – 8/07                          Utah Valley State College  
*Therapist/Adjunct Faculty.* Primary duties include assessment and treatment of low-income, under-insured individual, marital, and family distress in the therapy setting at Turning Point. Other duties include development and assessment of psycho-educational programs to meet the community's needs. I successfully developed and taught a divorce adjust curriculum, "Single Again: Managing Life Transitions," in addition to an "Enhancing Marital Relationship" curriculum. I taught an Introduction to Psychology (Psy 1010) undergraduate course as well. Additional duties included supervising Marriage and Family Therapy graduate students who were working with Turning Point clients.
- 9/01 – 1/04                          LDS Family Services:  
*Doctoral Intern/Therapist.* Cases included pornography in marriage, extra-marital affairs, mild to highly conflictual couples, sex addiction, individual, adolescent, and family cases. Was also involved with administrative duties, including intake, case assessment and assignment.
- 5/00 – 5/01                          Affiliated Family Treatment Center:  
*Student Intern.* A Utah state licensed domestic violence treatment provider. Services are offered to domestic violence perpetrators as well as victims. Helped evaluate and enhance existing programs as well as providing treatment. Treatment included individual, couple, and group therapy. Worked with multiple agencies and courts to evaluate and facilitate treatment.
- 10/99 – 4/01                        Turning Point: Center for Personal and Career Development

*Student Intern.* Therapy cases included domestic violence, anger management, adolescents, and couples. Assisted in developing and teaching 8-week pre-marital course.

10/98 – 9/01

Brigham Young University Comprehensive Clinic:  
*Student Internship.* Clients included individuals, couples, families, & groups.

## Advising

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### Graduate Level

#### Doctoral Students

Gnonhossou, G. (Estimated 2019). *Cross-Cultural Models of Helping Couples Stay Married: Mediators' Perspectives and Underlying Values.*

Reed, J. L. (Estimated 2019). *Processes of Values Transmission: A Family Approach.*

Okhotnikov, Ilya (2018). *Pathways from Religiosity to Couple's Satisfaction through Relational Virtues and Equality in Two Cultures.*

Westmoreland, A. (2017). *Couples and Weight Loss Surgery: Experiencing Success.*

#### Master's Students

Fey, M (Estimated 2020). *Intergenerational Transmission of Emotions in Intimate Relationships*

Murdock, M. (Estimated 2020). *Can Relationship Processes Buffer Race-Related Stress?*

McClure, T. (Estimated 2020). *Pornography and relationships.* (co-chair)

Parkinson, D. (2019). *Fathers' Experience in the Teaching Families Model.*

Grasson, C. (2018). *Factors Contributing to Female Self-Disclosure of Sexual Preferences in Intimate Relationships.*

Marsh, K. (2018). *Exploring Attitudes Toward "Stay Overs" and Cohabitation in Emerging Adults.*

Patrick, L. (2018). *Michelangelo Phenomenon: A Dyadic Approach.*

Vowels, M. (2018). *Spectral Analysis in Sexual Desire.*

Bortz, P. (2016). *Exploring effectiveness of an affectionate gesture phone app.*

Novakova, L. (2016). *Perception accuracy in predicting actor and partner sexual and relational satisfaction in couple relationships.*

Pinski, I. (2016). *Attachment quality and sexual satisfaction and functioning in romantic relationships of combat veterans.*

Machaty Terveer, A. (March, 2013). *Dispositional Optimism and Marital Adjustment.*

Nordquist, E. (June, 2012). *The link between recalled parental differential treatment and self-worth.* Co-chair.

Rorer, A. (June, 2011). *Resiliency in Black Father-Son Relationships.*

Shalash, F. (April, 2011) *Sibling conflict resolution styles and marital conflict resolution styles.*

Durbin, J. (April, 2010). *Parental demandingness, control, and involvement: Predictors of female career decisions & marital attitudes.*

Sutter, J. (June, 2010) *Assessing impact of affect recognition on therapeutic relationship and outcomes.*

Graduate Committee Membership: 2015-Current=35 2009-2015=33

Undergraduate advisor to 30+ students between 2010-2014.

## **PROFESSIONAL DEVELOPMENT (Since 2009)**

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### National Conferences (Since 2009):

- NCFR Annual Conference, Fort Worth, TX (November 19-23, 2019)
- NCFR Annual Conference, San Diego, CA (November 6-9, 2018)
- NCFR Annual Conference, Orlando, FL (November 14-18, 2017)
- NCFR Annual Conference, Vancouver, BC, Canada (November 11-14, 2015)
- NCFR Annual Conference, Baltimore, MD (November 19-22, 2014)
- NCFR Annual Conference, San Antonio, TX (November 6-9, 2013)
- NCFR Annual Conference, Phoenix, AZ (October 31-November 3, 2012)
- American Association for Marriage and Family Therapy Annual Conference, Louisville, KY (November 15-18, 2018)
- American Association for Marriage and Family Therapy Annual Conference, Atlanta, Ga (October 5-8, 2017)
- American Association for Marriage and Family Therapy Annual Conference, Fort Worth, TX (September 22-26, 2011)
- American Association for Marriage and Family Therapy Annual Conference, Atlanta, GA (September 23-26, 2010)
- NCFR Annual Conference, Minneapolis, MN (November 3-6, 2010)
- American Association for Marriage and Family Therapy Annual Conference, Sacramento, CA. (October 1-4, 2009)

### State Conferences (Since 2010):

- KY MFT All-In-One Conference, Louisville, KY (October 17-18, 2019)
- Kentucky Association for Marriage and Family Therapy Annual Conference, Louisville, KY (February 22, 2018)
- Kentucky Association for Marriage and Family Therapy Annual Conference, Louisville, KY (February 23-24, 2017)
- Kentucky Association for Marriage and Family Therapy Annual Conference, Louisville, KY (February 21, 2016)
- Kentucky Association for Marriage and Family Therapy Annual Conference, Louisville, KY (February 22, 2015)
- Kentucky Association for Marriage and Family Therapy Annual Conference, Louisville, KY (February 20, 2014)
- Kentucky Association for Marriage and Family Therapy Annual Conference, Louisville, KY (February 22, 2013)
- Kentucky Association for Marriage and Family Therapy Annual Conference, Louisville, KY (February 23, 2012)
- Kentucky Association for Marriage and Family Therapy Annual Conference, Louisville, KY (February 25, 2011)
- Kentucky Association for Marriage and Family Therapy Annual Conference, Louisville,

KY. (February 26-27, 2010)

- Kentucky Association for Marriage and Family Therapy Fall Workshop: Emotionally Focused Therapy workshop (October 15, 2010)

## **Trainings**

### Teaching:

- CELT Training (2013): Using Group Work Effectively

### Accreditation

- COAMFTE Standards 12 Workshop (Oct 5, 2017)

### Family Life Education:

- Love Notes: Marlene Pearson (Feb 10, 2010)
- RELATE: Jeffry Larson (Mar 26, 2010)
- Active Military Life and Resiliency Skills (Jun 21-23, 2010)
- Prepare/Enrich Certified (Sept 2001)

### Leadership

- Nominated, and attended Family and Consumer Sciences Emerging and New Administrators Workshop (7/27/2014-7/30/2014): Tulsa, OK

### Physiological Research Methods:

- EEG Training: John Anderson (Apr 9-10, 2010)
- BioFeedback Training: Tony Hughes (September, 2009)
- EEG Training: John Anderson (Nov 20-21, 2009)

### Spatial Research Methods:

- Introduction to Spatial Regression Analysis: Odum Institute at the University of North Carolina (June 24-28, 2013)
- Point Pattern Analysis: Online training from Arizona State University GeoDA Center for Geospatial Analysis and Computation (2012)

### Clinical:

- Gottman Method: John & Julie Gottman (Apr 23-24, 2010)
- Emotional Focused Therapy: Ackerman Institute Externship training (June 28-July 1, 2010)
- Certified Domestic Violence treatment provider for the state of Utah (Sept 2000)
- Multi-Family Group treatment for schizophrenia (Jan 1999-March 2000)

## **Professional Licenses & Certifications**

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05/09 - Present	Licensed Marriage and Family Therapist in Kentucky.
07/05 - Present	Approved Supervisor status in the American Association of Marriage and Family Therapy.
01/03 – 1/2010	Licensed Marriage and Family Therapist in Utah.