

Dr. Donald Bruce Ross III, Ph.D., AFC®, CFT™

Associate Professor, Department of Family Sciences
 Family Financial Counseling Undergraduate Program Director
 Family Financial Therapy Graduate Certificate Director
 University of Kentucky

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The Commonwealth of Kentucky faces the dire situation of being ranked in the bottom 10% of the nation for personal financial literacy and financial education (Evolution Finance, 2024). Given the majority of Americans (73%) report finances as the greatest source of stress in their lives (CreditWise, 2022), which in turn is associated with poorer financial management, increased debt, increased mental and physical health issues, and diminished family well-being (Friedline et al., 2020), my goal as an Associate Professor and Program Director for the Family Financial Counseling (FFC) program is to develop a nationally recognized program of teaching, research, and service that promotes the financial well-being and stability of individuals, couples, and families in Kentucky and the nation. My focus is on family financial well-being, which considers relationship dynamics around money from three primary perspectives: a) interpersonal family dynamics, b) financial counseling and financial therapy practices, and c) family socialization processes.

Education

- Doctor of Philosophy**, Human Development and Family Science with an emphasis in Marriage and Family Therapy 2012-2017
University of Georgia, Athens, GA
 Area of specialization in Financial Therapy
 Dissertation: *Examining the Impact of Family Economic Strain on Work-Family Conflict, Marital Support, Marital Quality, and Marital Stability During the Middle Years*
 Graduate Certificate in Marriage and Family Therapy
 Graduate Certificate in Quantitative Methods in Family Science
- Masters**, Couples and Family Therapy 2010-2012
University of Maryland, College Park, MD
 Thesis: *The Influence of the Interaction between Trust and Cognitions on Aggressive and Withdraw Communication Behavior between Members of Clinical Couples*
 Clinical Certificate in Play Therapy with Dr. Eliana Gil
- Bachelor of Arts**, Psychology with Research, and Philosophy 2006-2010
Vanderbilt University, Nashville, TN
 Cognitive Development Concentration

Employment

- Associate Professor, University of Kentucky, Department of Family Sciences 2024-Present
- Family Financial Counseling (FFC) Undergraduate Program Director 2021-Present
- Director of Graduate Certificate in Family Financial Therapy 2023-Present
- Assistant Professor, University of Kentucky, Department of Family Sciences 2017-2024
- Invited, Visiting Professor, Nordhausen University, Germany 2022-2023
- Master’s Program in Therapeutic Social Work, Intensive May Semester
- Adjunct Instructor, Supervisor, Mercer University 2015-2017

Master’s Program in Marriage & Family Therapy Doctoral Instructor, University of Georgia, Department of Human Development and Family Sciences	2015
Graduate Instructor, University of Maryland Department of Family Science	2011-2012
Academic Advisor, University of Maryland Community & Public Health Undergraduate Major	2011-2012

National Awards

Financial Therapy Association Outstanding Member Recognition Award National Recognition, Peer-Reviewed <i>Recognizes the contributions of an FTA member that has enhanced the discipline of financial therapy through dedicated efforts and work during the fiscal year. Special consideration is given to those who have shown excellence in their service with and promotion of the Financial Therapy Association.</i>	2023
The 2023 Plutus Award Finalist in the Couple and Family category National Recognition, Peer-Reviewed. <i>Recognition for excellence in financial media and education for the Modern Husbands Podcast. Nominated by listeners.</i>	2023
Financial Therapy Association’s Outstanding Instructor Award National Recognition, Annual Award. Peer Reviewed. <i>Recognizes contributions in innovative teaching methodology and pedagogy; and demonstrated excellence in promoting financial well-being with students in and outside the classroom setting.</i>	2022
1 st Place Nationally Winner, Educational Curriculum Package NEAFCS Annual Awards Program, Peer Reviewed. <i>Recognition of the best educational curriculum development in cooperative extension for the Recovering Your Finances program.</i>	2021
1 st place Southern Region Winner, Educational Curriculum Package NEAFCS Annual Awards Program, Peer Reviewed <i>Recognition of the best educational curriculum development in cooperative extension for the Recovering Your Finances program.</i>	2021

Research

Peer-Reviewed Publications

Note: A () designates working with my student*

Murdock, M. & **Ross, D.B.** (2025). Stressors impacting African American undergraduate college students: An exploratory focus group study. *Journal of Diversity in Higher Education*.

Fey, M.D.,* Wood, N.D., & **Ross, D.B.** (2023). Exploring the unique associations of parent-adult child relationships and ongoing parental romantic relationships with adult children’s romantic relationships. *American Journal of Family Therapy*. doi: 10.1080/01926187.2022.2143933

- Wood, N.D., Fife, S.T., Parnell, K.J., & **Ross, D.B.** (2023). Answering the ethical call of the other: A test of the strong relationality model of relationship flourishing. *Journal of Marital and Family Therapy*. doi:10.1111/famp.12861.
- Johnson, E.* & **Ross, D.B.** (2023). The cost of cancer: The association of financial and cancer-related stress on maladaptive coping styles in families with a cancer diagnosis. *Contemporary Family Therapy*, 45, 323-332. doi:10.1007/s10591-021-09595-5
- Ross, D.B.**, Johnson, E.,* & Coombs, E. (2022). Trauma of the past: The impact of adverse childhood experiences on adult attachment, money beliefs and behaviors, and financial transparency. *Journal of Financial Therapy*. doi: 10.4148/1944-9771.1280
- Ross, D.B.**, Gale, J., Wickrama, K. Goetz, J., Vowels, M.J.,* & Tang, Y.* (2020). Couple perceptions as mediators between family economic strain and marital quality: Evidence from longitudinal dyadic data. *Journal of Financial Counseling and Planning*. doi:10.1891/JFCP-18-00065
- Gale, J., **Ross, D.B.**, Thomas, M. & Boe, J. (2020). Considerations, benefits, and cautions integrating systems theory with financial therapy. *Contemporary Family Therapy*, 42(1), 84-94. doi:10.1007/s10591-019-09518-5
- Ford, M.R., **Ross, D.B.**, Grable, J.E., & DeGraff, A.N. (2020). Examining the role of financial therapy in couples' financial planning help-seeking and relationship dynamics. Invited, peer reviewed. *Contemporary Family Therapy*, 42(1), 55-67. doi:10.1007/s10591-019-09511-y
- Butterbaugh, S.M.,* **Ross, D.B.**, & Campbell, A.* (2020). My money and me: Attaining financial independence in emerging adulthood through a conceptual model of identity capital theory. *Contemporary Family Therapy*, 42(1), 33-45. doi:10.1007/s10591-019-09515-8
- Ross, D.B.**, Gale, J., Wickrama, K. Goetz, J., & Vowels, M.J.* (2019). The impact of family economic strain on work-family conflict, marital support, marital quality, and marital stability during the middle years. *Journal of Personal Finance*, 18(2). PMID: PMC8425486
- Ross, D. B.**, & Coombs, E. (2018). The impact of psychological trauma on finance: Narrative financial therapy considerations in exploring complex trauma and impaired financial decision making. *Journal of Financial Therapy*, 9(2), 4. doi:10.4148/1944-9771.1174
- Ross, D. B.**, O'Neal, C. W., Arnold, A. L., & Mancini, J. A. (2017). Money matters in marriage: Financial concerns, warmth, and hostility among military couples. *Journal of Family and Economic Issues*, 38, 572–581. doi:10.1007/s10834-017-9522-y
- Ross, D.B.**, Gale, J., & Goetz, J. (2016). Ethical issues and decision making in collaborative financial therapy. *Journal of Financial Therapy*, 7 (1) 3. doi: 10.4148/1944-9771.1087
- O'Neal, C.W., Lucier-Greer, M., Mancini, J.A., Ferraro, A.J., & **Ross, D.B.** (2016). Family relational health, psychological resources, and health behaviors: A dyadic study of military couples. *Military Medicine*, 181(2), 152-160. doi:10.7205/MILMED-D-14-00740
- McCoy, M.A., **Ross, D.B.**, & Goetz, J.W. (2013). Narrative financial therapy: Integrating a financial planning approach with therapeutic theory. *Journal of Financial Therapy*, 4(2). doi:10.4148/1944-9771.1052
- McCoy, M.A., Stinson, M.A., **Ross, D.B.**, & Hjelmstad, L.R. (2013). Who's in our clients' bed? A case illustration of sex therapy with a polyamorous couple. *Journal of Sex & Marital Therapy*, 41(2), 134-144. doi:10.1080/0092623X.2013.864366

Editor Reviewed Invited Publications

- Ross, D.B.** & Gale, J. (2024). Financial genograms. [chapter will be translated into German]. Invited Book Chapter. Dr. Maria Borcsa & Julia Hille (Eds.). In *Handbook of Focused Genograms in Family Therapy*.

- Gale, J. & **Ross, D.B.** (2017). Relational financial therapy. Invited, Editor Reviewed. In J. Lebow, A. Chambers, & D.C. Breunlin (Ed.), *Encyclopedia of Couple and Family Therapy*, 1-4. Springer, Cham. doi:10.1007/978-3-319-15877-8_962-1
- Gale, J., **Ross, D.B.**, McCoy, M.A. (2016). Training the narrative therapist. In *Couple, Marriage, and Family Therapy Supervision*. Sage.
- Archuleta, K. & **Ross, D.B.** (2015). Marriage and Family Therapy Applications to Financial Planning. Invited, Editor Reviewed. In C.F.P. Board (Ed.), *Financial Planning Competency Handbook*. John Wiley & Sons.
- McCoy, M.A., **Ross, D.B.**, & Goetz, J.W. (2015). Narrative Financial Therapy. In *Financial Therapy* (pp. 235-252). Springer International Publishing.

Foundation Funding (\$292,000)

- Ross, D.B.** Family Financial Well-Being. **\$25,000**. The David N. & Ann Early Foundation. June 1, 2024 – July 31, 2025. (Extramural Funded Project and Assistantship).
Role: Academic advisor and mentor of graduate student(s) in the field of personal and family finance research.
- Ross, D.B.** Family Financial Well-Being. **\$20,000**. The David N. & Ann Early Foundation. June 1, 2023 – July 31, 2024. (Extramural Funded Project and Assistantship).
Role: Academic advisor and mentor of graduate student(s) in the field of personal and family finance research.
- Ross, D.B.** Family Financial Well-Being. **\$16,000**. The David N. & Ann Early Foundation. June 1, 2022 – July 31, 2023. (Extramural Funded Project and Assistantship).
Role: Academic advisor and mentor of graduate student(s) in the field of personal and family finance research.
- Ross, D.B.** Family Financial Well-Being. **\$16,000**. The David N. & Ann Early Foundation. June 1, 2021 – July 31, 2022. (Extramural Funded Project and Assistantship).
Role: Academic advisor and mentor of graduate student(s) in the field of personal and family finance research.
- Ross, D.B.** Family Financial Well-Being. **\$15,000**. The David N. & Ann Early Foundation. June 1, 2020 – July 31, 2021. (Extramural Funded Project and Assistantship).
Role: Academic advisor and mentor of graduate student(s) in the field of personal and family finance research.
- Newcomb, S. Lead Research and Theory Consultants: McCoy, M. & **Ross, D.B.** MoneyTalk with Narrative Financial Therapy. **\$200,000**. MorningStar, Inc., 2019 – 2020. (Extramural Funded Project).
Role: Development and creation of content and research of a phone app for financial advisors using narrative financial therapy concepts to increase positive financial well-being of clients through an interactive program. Randomized-control trials with Beta version completed. Testing financial well-being and program efficacy.

National Competitive Funding

- Davis, A. (PI) & Hunter, J.L. (Co-PI). Cooperative Extension: Substance Abuse Prevention and Recovery. **\$229,178**, USDA Rural Development, September 29, 2018 – June 1, 2020. (Extramural Funded Project, National Award).
Role: Collaborator with Co-PI. Provided specialty support in the area of family financial management for curriculum development for the Recovering Your Finances program. 15.5% cost-share commitment.

Internal Competitive Funding

Note: A (*) designates working with my student

Murdock., M.* (PI) & **Ross, D.B.** (PI, Advisor). The Stressors of African American Students. \$779, Barnhart Fund for Excellence, June 30, 2020 – June 30, 2023. (Internal Funded Project, UKY CAFE Award).
 Role: Corresponding author. Student advisor and research mentor. Advised on design of focus group methodology, supported research interviews, and analyzed qualitative data.

Unfunded Competitive Grant Applications

Vazsonyi, A., Dyk, T., Hans, J., **Ross, D.B.**, Wood, N. Kim, H., Zimmerman, J. (2024). Supporting Positive Relationships and Well-Being among Adolescents in Rural Kentucky. Requested \$50,000, Bill Gatton Foundation, University of Kentucky. Grant not award. (Internal, College Funded Project).

Ross, D.B. (PI), Wood, N. (Co-PI), & McCoy, M. (Co-PI). (September 2021). More Than Financial Literacy: Developing and Evaluating a Narrative Financial Therapy Workshop for Financial Educators and Practitioners. Requested \$24,926, Kazanjian Economics Foundation. Grant not awarded. (Extramural Funded Project, National Award).

Grant proposal development support and review services were utilized by the UKY Proposal Development Office (PDO) and the CAFE College Grants Officer.

The Kazanjian Economics Foundation does not provide individual feedback. Proposals may still be accepted in future years without reapplication.

Yang, H. Benner, A., Kim, S.Y., & **Ross, D.B.** (May 2020). Risk and Protective Factors for Adolescent Disrupted Psychological and Behavioral trajectories in the Time of COVID-19. Requested \$20,000, The American Psychological Foundation COVID-19 Rapid Response Grant. The American Psychological Foundation did not provide individual feedback. The award rate for this grant is about 1%.

Ross, D.B. (PI), Wood, N. (Co-PI), & McCoy, M. (Co-PI). (March 2020). More Than Financial Literacy: The Role of Narrative Financial Therapy in Implementing Lasting Financial Management. Requested \$192,000, Kazanjian Economics Foundation. Grant not awarded. (Extramural Funded Project, National Award).

The Kazanjian Economics Foundation does not provide individual feedback. Proposals may still be accepted in future years without reapplication.

International Conference Presentations (Peer-Reviewed)

Note: A () designates working with my student*

Ross, D.B., McCoy, M., Johnson, E.*, Lurtz, M. (2021, November). *Writing Your Way into Financial Well-Being: A Narrative Financial Therapy Experiential Writing Approach*. Presented at Financial Therapy Association (FTA) 2021 Annual Conference, Virtual.

Ross, D.B. & Swantner, S. (2020, October). *Past, Present, and Future of Financial Therapy*. Opening Keynote Address. Presented at Financial Therapy Association (FTA) 2020 Annual Conference, Virtual.

Johnson, E.* & **Ross, D.B.** (2020, October). *The Cost of Cancer: The Association of Financial and Cancer-Related Stress on Maladaptive Coping Styles in Families with a Cancer Diagnosis*. Presented at Financial Therapy Association (FTA) 2020 Annual Conference, Virtual.

McCoy, M., **Ross, D.B.**, Ross, D. (2020, October). *The Evolution of a Story: Updating Narrative Financial Therapy to New CFP Board Steps with Experiential Practice Opportunities*. Presented at Financial Therapy Association (FTA) 2020 Annual Conference, Virtual.

Ross, D.B. & Whitehead, R. (2015, July). *Developing success: The role of family financial socialization*. Presented at the Financial Therapy Association (FTA) Conference, Los Cabos, Mexico.

Ford, M., DeGraff, A., Grable, J., & **Ross, D.B.** (2015, July). *Physiological responses during couple financial therapy sessions: Implications and applications for practitioners*. Presented at the Financial Therapy Association (FTA) Conference, Los Cabos, Mexico.

McCoy, M., & **Ross, D.B.** (2013, February). *Alleviating the strain on your relationship while alleviating your wallet: Helping couples with financial therapy through a narrative lens*. Presented at the International Family Therapy Association (IFTA) Conference, Orlando, Florida.

McCoy, M., & **Ross, D.B.** (2013, February). *A case illustration of sensate focus therapy with a polyamorous couple*. Presented at the International Family Therapy Association (IFTA) Conference, Orlando, Florida.

National Conference Presentations (Peer-Reviewed)

Note: A () designates working with my student*

Ross, D.B., McCoy, M., & Page, B. (2023, October). *All's Fair in Love and Chores: Examining Dynamics When Women Make More than Men*. Presented at the Financial Therapy Association (FTA) Annual Conference, Charlotte, North Carolina.

Fey, M.D.,* Wood, N.D., & **Ross, D.B.** (2022, November). *Ongoing Intergenerational Associations of Responsible Actions in Romantic Relationships*. Presented at the National Association of Family Relations (NCFR) Annual Conference, Minneapolis, Minnesota.

Johnson, E.* & **Ross, D.B.** (2022, October). *Medical Debt, Stress, and Life Satisfaction*. Presented at Financial Therapy Association (FTA) 2022 Annual Conference, Denver, Colorado.

Ross, D.B. (2021, November). *Strengthening Relationships across Financial Service Organizations*. Invited Panel Speaker. Presented at the Extension Pre-Symposium for the Association for Financial Counseling and Planning Education (AFCPE) Annual Symposium, Virtual.

Wood, N.D., Fife, S.T., Parnell, K.J., & **Ross, D.B.** (2021, November). *Exploring the strong relationality model and couple relationship dynamics*. Presented at the National Association of Family Relations (NCFR) Annual Conference, Virtual.

Ross, D.B. (2021, May). *Money and Emotions*. Invited Keynote Speaker. Presented at the annual Personal Finance Seminar for Professionals, Virtual.

Ross, D.B. (2019, October). *Echoes of the Past: The Impact of Early Childhood Trauma on Adult Financial Beliefs and Behaviors*. Presented at Association for Financial Counseling and Planning Education (AFCPE) Annual Symposium, Portland, OR.

Campbell, A.M.,* Butterbaugh, S.M.* & **Ross, D.B.** (2019, October). *Attaining Financial Independence Through the Lens of Identity Capital*. National Association of Family Relations (NCFR) Annual Conference. Fort Worth, TX.

Ross, D.B. & Butterbaugh, S.M.* (2019, October). *Financial Well-Being during Emerging Adulthood: The Role of Overconfidence and Risk-Taking*. National Association of Family Relations (NCFR) Annual Conference. Fort Worth, TX.

Ross, D.B. & Asebedo, S. (2019, May). *Where We are with Financial Therapy*. Presented at Financial Therapy Association (FTA) 2019 Annual Conference, Austin, Texas.

Coombs, Ed. & **Ross, D.B.** (2018, November). *The Impact of Psychological Trauma on Finance: Narrative Financial Therapy*. Presented at Association for Financial Counseling and Planning Education (AFCPE) Annual Conference, Norfolk, VA.

Ford, M.R. & **Ross, D.B.** (2017, November). *Ethics and Standards of Practice in Financial Therapy*. Special Certificate Presentation. Presented at the Financial Therapy Association (FTA) Conference, San Diego, California.

Ford, M.R., DeGraff, A.N., Grable, J.E., **Ross, D.B.**, & Thomas, M. (2017, February). *Examining the role of financial therapy in couples' financial planning help-seeking and relationship dynamics*. To be presented at the 2017 Academic Research Colloquium for Financial Planning and Related Disciplines, Arlington, Virginia.

- Ross, D.B.** & Floyd, H.* (2016, May). *Combating depressive symptoms in managing personal finances: A case study illustration*. Presented at the Financial Therapy Association (FTA) Conference, Asheville, North Carolina.
- DeGraff, A., Ford, M., Grable, J., Kruger, M., **Ross, D.B.**, & Thomas, M. (2016, May). *What works with couples in financial therapy? Observations and outcomes of an innovative experiment*. Presented at the Financial Therapy Association (FTA) Conference, Asheville, North Carolina.
- Ross, D.B.**, Gale, J., DeGraff, A., & Ford, M. (2016, May). *Cultivating financial therapists: The benefits of live supervision in financial therapy*. Presented at the Financial Therapy Association (FTA) Conference, Asheville, North Carolina.
- Davis, K.J.,* Martin, T.,* Holland, J.,* **Ross, D.B.**, & Meyer, A.S. (2016, April). *Addressing pediatric obesity through integrated care: Therapeutic practices of the "Healthy Me" program*. Presented at the GAMFT Conference, Jekyll Island, Georgia.
- Ross, D.B.**, DeGraff, A., & Gale, J. (2014, October). *Relational financial therapy: Bridging finances and therapy*. Three-hour seminar presented at the American Association for Marriage and Family Therapy (AAMFT) Conference, Milwaukee, Wisconsin.
- Ross, D.B.**, DeGraff, A., McCoy, M., & Gale, J. (2014, June). *Therapists' clinical experiences with promoting financial wellbeing in families*. Presented at the American Family Therapy Academy (AFTA) Conference, Athens, Georgia.
- DeGraff, A.N., **Ross, D.B.**, Gale, J. (2014, June). *Addressing family finances in a therapeutic way: What service providers can do to improve wellbeing*. Presented at the American Family Therapy Academy (AFTA) Conference, Athens, Georgia.
- Ross, D.B.** & DeGraff, A. (2014, May). *Financial infidelity: Considerations and implications for couple's therapists*. Presented at the GAMFT Conference, St. Simons, Georgia.
- Ross, D.B.** & Farnham, A. (2014, May). *Financial and sexual coercion: Considerations and implications in treating the intersection of financial and sex abuse in intimate dyadic relationships*. Presented at the GAMFT Conference, St. Simons, Georgia.
- DeGraff, A. & **Ross, D.B.** (2014, May). *Financial therapy: Considerations and implications for family therapists working with the military population*. Presented at the GAMFT Conference, St. Simons, Georgia.
- O'Neal, C.W., **Ross, D.B.**, Oed, M., Lucier-Greer, M., & Mancini, J.A. (2014, March). *Relationship Interaction as a Mechanism Linking Financial Management and Relationship Quality*. Presented at the Society for Research in Human Development (SRHD) Conference, Austin, Texas.
- O'Neal, C.W., Oed, M., **Ross, D.B.**, Lucier-Greer, M., & Mancini, J.A. (2014, March). *Cumulative Life Satisfaction and Health Behaviors in a Military Sample: The Mediating Role of Psychological Processes*. Presented at the Society for Research in Human Development (SRHD) Conference, Austin, Texas.
- Gale, J., **Ross, D.B.**, Goetz, J., & DeGraff, A. (2013, September). *Drafting Professional Standards for Financial Therapists: An invitation to join the conversation*. Presented at the Financial Therapy Association (FTA) Conference, Lubbock, Texas.
- Gale, J., **Ross, D.B.**, & Goetz, J. (2012, September). *Halves and Have Knots: Ethical Issues and Decision Making in Financial Therapy*. Presented at the Financial Therapy Association (FTA) Conference, Columbia, Missouri.

University of Kentucky Internal Research Presentations

- Ross, D.B.** (2019, October). *The role of adverse childhood experiences on financial and relational management*. Department of Family Sciences, University of Kentucky, Department Research Talk.
- Ross, D.B.** (2018, November). *Financial well-being during emerging adulthood: The role of overconfidence and risk-taking*. School of Human Environmental Services, University of Kentucky.

Invited Webinar & Speaker Series Presentations

- Page, B., **Ross, D.B.**, Coombs, E., Evans, A. (2024, April). *Couples and Money: When She is the Breadwinner*. Invited Expert. AFCPE Webinar Series.
- Ross, D.B.** (2024, March). *Mind and Money: Connecting Mental Health and Financial Well-Being*. Invited Expert. OneOp (virtual resource for military family service providers).
- Ross, D.B.** (2023, December). *Cognitive Behavioral Financial Therapy*. Invited Expert. Financial Therapy Clinical Institute, LLC. Masters Series.
- Ross, D.B.** (2022, April). *Money and Relationships*. Invited Panel Speaker. Tim Ranzetta (Host). Next Generation Personal Finance (NGFP). Speaker Series.
- Ross, D.B.** & Johnson, E. (2021, April). *Ethical Considerations in the Practice of Financial Therapy*. Invited Speaker. Presented for the Financial Therapy Association Education Webinar Series.
- Ross, D.B.** & Kim, J. (2019, October). *Helping Your Clients Identify and Cope with the Impacts of Financial Stress*. Invited Speaker. Presented for CFPB Financial Exchange Webinar Series.
- Ross, D.B.**, Gale, J., & Goetz, J. (2016, December). *Ethical issues and decision making in collaborative financial therapy*. Invited Presentation. Presented for the Financial Therapy Association webinar series.

National Hosted and Produced Podcasts

Over 8,000 downloads/listeners nationwide and growing across the Modern Husbands website, Amazon, Spotify, Apple, and Stitcher podcast streaming services.

Awarded as a Finalist in the Couple and Family category for the national, peer-reviewed, 2023 Plutus Awards for excellence in financial media, nominated by listeners. In the top 10% of podcasts globally.

Description: Bimonthly interview discussions with Modern Husbands podcast with financial and therapeutic industry leaders and experts related to the intersection of financial management practices, family development, intimate couple relationships, and values. Interviewees are some of the most accomplished practitioners, researchers, educators, community advocates, policy makers, and business(wo)men in the fields of finance, family therapy, and mental health. We share insights and tips to the general public on how to manage money and the home as a family, as well as how to build personal, family, and financial well-being.

Note: Name listed in title is featured guest expert.

- Page, B., **Ross, D.B.**, & Sherrill, C. (12/17/24). "Dr. Kubra Aytac: Maternal Gatekeeping- How Couples Work Through It." Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (12/3/24). "Dr. Jessica Higgins: How to Manage conflict in Marriage." Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (11/19/24). "Ashley Quamme: Marriage and Money Conflict- How to Work Through the Tough Stuff." Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (11/5/24). "Adrain Brambila: Start Thinking Rich." Modern Husbands, Inc. [Audio and Video Podcast].

- Page, B., **Ross, D.B.**, & Sherrill, C. (10/22/24). “Dr. Jennifer Davidson and Mike Raymer: Why Prices are Higher.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (10/08/24). “Dr. Jay Zigmont, PhD, CFP®: Childfree Wealth.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (9/24/24). “Aja Evans: How to Have a Good Relationship.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (9/10/24). “Cara MackSound: Navigating Money Habits in Marriage.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (8/27/24). “Chris Taylor: Personal Finance Lessons: A Conversation with an Award-Winning Financial Journalist.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (8/13/24). “Zach Watson: The Mental Load: How to Argue Less About Chores.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (7/30/24). “Abby Davisson: Money and Love.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (7/16/24). “Jackie Cummings Koski: FIRE Movement Tips From the Author of FIRE for Dummies.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (7/2/24). “Paige Connell: Child Care Options: How Parents Can Work Together.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (6/18/24). “Jon Macaskill: Navy Seal Mental Toughness: How to be Strong for Your Family.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (6/4/24). “Dustin Voss: A Modern Husband and Leading Financial Education Expert on Being a Young Parent.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (5/21/24). “Ann Silvers: Abuse OF Men BY Women: It Happens, It Hurts, and It's Time to Get Real About It.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (5/1/24). “Dr. Brenda Volling: The Early Role of Fathers.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (4/24/24). “Dr. Jason Frishman: How Men Can Practice Mindfulness.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (4/17/24). “Rise Above the Money Fog: A conversation with Financial Psychologist.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (4/10/24). “Adrienne Hines, Esq. A Leading Bankruptcy Attorney: Bankruptcy and Marriage” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (4/3/24). “Sean Mullaney: How Spouses Can Use Retirement Savings to Reduce Their Taxes.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (3/27/24). “Dr. David Smith: How Husbands can be Better Allies for their Wives.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (3/20/24). “Kathy Stokes, Director of Fraud Prevention at AARP: Fraud Protection.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (2/28/24). “Leah Hadley: How to Avoid Divorce.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (2/21/24). “Dr. Gary Baker: How Modern Masculinity is Measured by More Than Money.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (2/13/24). “Dr. Brad Wilcox: Get Married.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (2/7/24). “Eve Rodsky: Fair Play: A System for Spouses to Manage the Home.” Modern Husbands, Inc. [Audio and Video Podcast].

- Page, B., **Ross, D.B.**, & Sherrill, C. (1/31/24). “Manisha Thakor: MoneyZen: The Secret to Finding Your ‘Enough.’” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (1/24/24). “Dr. Joshua Coleman: How Not to be the Lazy Husband.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (1/17/24). “Dr. Preston Cherry: Building a Dream Marriage in Retirement.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (1/10/24). “Ron Lieber: The Price You Pay for College: Understanding Merit Aid.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (1/3/24). “JL Collins: Pathfinder: New Year's Resolution Strategies to Financial Independence A Conversation with the FIRE Movement Godfather.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (12/27/23). “For Better & Worth Podcast Collaboration: Money and Marriage.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (12/20/23). “Dr. Scott Rick: Tightwads and Spendthrifts: Navigating the Money Minefield in Real Relationships.” Modern Husbands, Inc. [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (12/13/23). “Katrina Onstad: How to Take Back Your Weekends: The Life Changing Benefits of Taking Two Days Off.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (12/7/23). “Rob Cross: How Microstress Affects You, Your Relationships, and Your Work.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (11/30/23). “Ed Coombs and Mikel Van Cleve: Managing Money Talks in a Blended Family.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (11/23/23). “Dr. Michelle Kruger: How Couples Can Agree About How They Spend Money.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (11/16/23). “Leslie Doares: Strategies for Men to Reduce Marital Conflict.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (11/9/23). “Laurie Israel: Money, Marriage, and Prenups.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (11/2/23). “Yanelly Espinal: Mind Your Money: Money and Partnership Lessons Every Couple Should Learn.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (10/26/23). “Andrew Johnston: Health, Exercise, Nutrition: Ideas for Busy Husbands.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (10/19/23). “Dr. Jenny Olson: How to Split Your Finances in Marriage.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (10/12/23). “Silvia de Denaro Vieira: The Future of Home Management – The Coexist App.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (10/5/23). “Julia Carpenter: Money Wisdom from the Wall Street Journal.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (9/28/23). “Scott Glasgow: Financial Considerations and Conversations Before Marriage.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (9/21/23). “Rudy Salo: Rethinking Family Transportation.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (9/14/23). “John Stoj: How to Find the Right Financial Planner.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (9/7/23). “Tommy Maloney: Managing a Blended Family Household.” *Modern Husbands, Inc.* [Audio and Video Podcast].

- Page, B., **Ross, D.B.**, & Sherrill, C. (8/31/23). “John Eringman: Pre-Marriage Conversations: An Interview with John E Finance.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (8/24/23). “Nathan Astle: How to Argue Less About Money.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (8/18/23). “Dr. Tracey Brigman: Healthy Meal Planning Hacks for Busy People.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (8/10/23). “Geoff Girvitz: Dad Strength: Simple and efficient systems to be more fit.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (8/3/23). “Rahkim Sabree: Overcoming Financial Trauma.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (7/27/23). “Andy Murphy: Protecting Your Family: A Conversation with the Secure Dad.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (7/20/23). “Dr. Michael Thomas: Black Financial Culture: Building Wealth from the Inside Out.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (7/13/23). “Shyam Pradheep: Buying Online: The Good, the Bad, the Ugly.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (7/6/23). “How to Support Your Spouse: Part 2 (no guest)” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (6/29/23). “Aliyha Amani: How to Support Your Spouse: Part 1.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (6/22/23). “Justin Birckbichler: A Ballsy Sense of Tumor: How to Manage Your Health during Tough Times (testicular cancer awareness)” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (6/15/23). “Paul Sullivan: A Discussion of all Things Fathering.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (6/9/23). “Dr. Kate Mangino: Equal Partners: Teamwork at Home.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (6/1/23). “David and John Auten-Schneider: Money and Marriage: Supporting LGBTQ+ Couples” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (5/26/23). “Jason Vitug: Happy Money, Happy Life.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (5/18/23). “Lorenzo (Zo) Amani: From the Federal Reserve to Budgeting with his Spouse: A Modern Husband's Journey” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (5/11/23). “Dr. Perry Jenkins: How Your Job Can Make You a Better Parent or Spouse.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (4/27/23). “Dr. Sonya Lutter: How to Reduce Money Induced Stress and Anxiety in Relationships.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (4/13/23). “April Financial Literacy Month Special: Money Lessons for Your Kids.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (3/31/23). “April Financial Literacy Month Special: Why your kids might be deprived of the class you wish you had (and what to do about it).” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (3/14/23). “Jessi Streib: Opposites Attract - Common Challenges and Solutions of Spouses from Different Socioeconomic Backgrounds.” *Modern Husbands, Inc.* [Audio and Video Podcast].

- Page, B., **Ross, D.B.**, & Sherrill, C. (3/3/23). “Ron Lieber: Money and Kids.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (2/17/23). “Skip Schweiss: The Conversation About Money You Do Not Want to Miss, i.e., Financial Public Policies.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (2/2/23). “David Yuan: Masculinity and Men’s Wellbeing.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (1/20/23). “Sarah Suatoni: Thriving in the Modern Marriage.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (Host) (1/6/23). “Lawrence Sprung: Money, Men, and Mental Wellness.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (Host) (12/23/22). “Dr. Michael Thomas: Closing the Behavioral Gaps of Managing Money with Your Spouse.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (Host) (12/9/22). “Philip Olsen: "Two Cents" on Managing Money in Marriage.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (Host) (11/25/22). “Dr. Megan McCoy: How to Talk About and Manage Money with Your Spouse.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (Host) (11/11/22). “Jackie Cummings Koski: How a Single Parent Retired a Millionaire at Age 49.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (Host) (10/28/22). “Dr. Annamaria Lusardi: Fireside Chat with Global Financial Literacy Expert.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (Host) (10/14/22). “Ed Coombs: Talking Financial Intimacy.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (Host) (9/27/22). “Paul Sullivan: Modern Husband or Lead Dad.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (Host) (9/13/22). “Dr. Ashley Whillans: The Science of Money, Time, and Happiness.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (Host) (8/23/22). “Rod Griffin, Senior Director of Public Education and Advocacy for Experian: The Truth About Credit.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (Host) (8/9/22). “Dan Kadlec: *Debunking Gender Roles Around Income.*” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (Host) (7/26/22). “Dr. Bill Hensley: Opening Up about Financial Infidelity.” *Modern Husbands, Inc.* [Audio and Video Podcast].
- Page, B., **Ross, D.B.**, & Sherrill, C. (Host) (7/12/22). “Dr. Brad T. Klontz: Why Smart People Make Bad Decisions with Money.” *Modern Husbands, Inc.* [Audio and Video Podcast].

Invited National Educational Videos for Certified Financial Therapist™

- Ross, D.B.** (2022) *Financial Socialization*. Certified Financial Therapist™ Video Education Series. Financial Therapy Association.
- Ford, M. & **Ross, D.B.** (2018). *An Introduction to Ethics & Standards in Financial Therapy*. Certified Financial Therapist-I™ Video Education Series. Financial Therapy Association.
- Ross, D.B.** & Ford, M. (2018). *Navigating Special Ethical Issues as a CFT-I™*. Certified Financial Therapist-I™ Video Education Series. Financial Therapy Association.

Ross, D.B. & Archuleta, K. (2018). *Exploring Money & Relationship Dissolution and Divorce*. Certified Financial Therapist-I™ Video Education Series. Financial Therapy Association.

Invited Expert Interviews, Podcasts, and Media Coverage

Page, B. (Blogger) & **Ross, D.B.** (Expert Guest). (2024, July). *What Is Your Time Worth? How Overestimating Your Earnings Hurts Your Marriage*. Modern Husbands, Inc. Blog.

Brown, D. (Journalist) & **Ross, D.B.** (Interviewee). (2024, July). *Key to Happiness or Distrust? The Couples Who Itemize Their Monthly Bills*. The Wall Street Journal.

Carney, C. (Journalist) & **Ross, D.B.** (Interviewee). (2023, December). *Podcast celebrates 50 episodes providing expert tips on finances and improving relationships*. Martin-Gatton College of Agriculture, Food and Environment College News.

Maslyk, S. (Host) & **Ross, D.B.** (Expert Guest). (2023, May). *Why Everyone Could Use a Financial Therapist. Invited Interview*. Podcast Series. The Most Hated F-Word (Finance) podcast.

Ingold, S. (Host) & **Ross, D.B.** (Expert Guest). (2022, August). *Flood insurance*. WEKU NPR. Central and Eastern Kentucky Radio. Invited Interview. Radio.

Strickler, J. (Journalist) & **Ross, D.B.** (Interviewee). (2021, August). *New Degree Teaches Students Financial Literacy*. University of Kentucky. UKNOW.

Page, B. (Host) & **Ross, D.B.** (Expert Guest). (2020, November). *Managing Money in a Relationship*. Invited Interview. Webinar Series. Next Generation Personal Finance (NGFP).

Milam, S. (Journalist) & **Ross, D.B.** (Quoted Expert). (2020, June). *How to teach your kids about money when you struggle with it yourself*. [Cited expert with quote]. The Washington Post.

Ross, D. B. (2018, October). *Researcher profile: An interview with D. Bruce Ross*. Invited Interview. *Journal of Financial Therapy*, 9 (1) 8.

Book Reviews

DeGraff, A. & **Ross, D. B.** (2013) Book Review: "How to give financial advice to couples". *Journal of Financial Therapy*, 4(2).

McCoy, M. & **Ross, D.B.** (2013) Book Review: "Financial therapy: 5 steps toward financial freedom," *Journal of Financial Therapy*: 4(1), 8.

Teaching

Courses Taught

University of Kentucky, Assistant Professor, FFC Program Director 2017-Present
Note: Program changed name from Consumer Economics and Family Financial Counseling (CEF) to Family Financial Counseling (FFC) in 2023.
 FAM 746 Family Financial Therapy
 FAM 652 Readings in Family Theory and Research
 FAM 475 Family Financial Counseling (Family Science Undergraduate only)
 FAM 690 Research Methodology in Family Sciences
 FAM 759 Special Topics: Family Financial Counseling (Graduate Level)
 CEF 251 Introduction to Personal and Family Finance
 CEF 351 Advanced Personal and Family Finance I
 CEF 352 Advanced Personal and Family Finance II
 CEF 403 Family Financial Counseling
 CEF 496 Accredited Financial Counselor Review (Program Capstone)

CEF 499 Advanced Internship in Consumer Economics and Family Financial Counseling	
Nordhausen University, Germany, Invited Visiting Professor, In-Person	2022-2023
IPW23 Systemic Financial Therapy (Graduate level)	
IPW28 Relational Financial Therapy (Graduate level)	
Mercer University, Adjunct Instructor, Clinical Supervisor	2015-2017
CMFSME 2019 Family Systems in Medicine	
MFST 671 Pre-Practicum I	
MFST 675 Family Research Methodology	
MFST 682 Marital, Couple and Sexual Issues in Family Therapy	
MFST 683 Family Theories I	
MFST 685 Family Treatment of Addiction	
MFST 691 Group Therapy and Play Therapy	
MFST 696 Family Therapy Practicum	
University of Georgia, Doctoral Instructor	2014-2015
HDFS 4870 Human Sexuality Across the Life Span	
University of Maryland, Graduate Instructor	2011-2012
Couples Abuse Prevention Program	
FMSC 498 Behavioral Coding and Research	
FMSC 498 Research and Data Entry	

Service

Masters and Doctoral Student Committees

Committee Chair	Graduation
Tayrana Lima Da Trindade Eleuterio (Chair), Doctoral, expected graduation 2028	
Caleb Burrell (Chair), Doctoral, expected graduation 2028	
Nicole Stork-Hestad (Co-Chair), Doctoral, expected graduation 2026	
Ryno Hogg (Chair), Masters, expected graduation 2025	
Austin Mathews (Chair), Masters, expected graduation 2025	
Emily Johnson (Co-Chair), Doctoral, expected graduation 2025	
Ellie Keith (Chair), Masters	2024
<i>Thesis: Division of Labor and Relationship Satisfaction: Examining the Mediating Role of Self-Esteem</i>	
Trent McClure (Co-Chair), Masters	2020
<i>Thesis: The Relationship of Self-Esteem on Pornography Viewership and Relationship Satisfaction in German Couples</i>	
Emily Johnson (Chair), Masters	2020
<i>Thesis: Stress and Cancer Treatment: How a Family's Adaptability and Cohesion Affects Financial Stress</i>	

Committee Member	Graduation
James Adekunle, Masters, expected graduation 2026	
Vanessa Vela, Masters, expected graduation 2025	

Trevor Howard, Masters, expected graduation 2025	
Thilini Samadhi Weeraratne, Doctoral, expected graduation 2026	
Clark Courtney, Masters	2024
Joshua Parsons, Doctoral (Graduate Outside Examiner)	2024
Haley Scruggs, Masters,	2024
Natalie Tate, Masters,	2024
Justin Graham, Masters	2024
Yuyan Xia, Doctoral (Graduate Outside Examiner), College of Education, Dissertation: <i>Score Equating between AEPS-2 and AEPS-3 for 0-3 Year Olds</i>	2023
Talley Mortara, Masters Thesis: <i>Non-Normative Critical Life Events: Where Dyadic Coping and Attachment Meet</i>	2022
Banafsheh Aghayeeabianeh, Doctoral Dissertation: <i>The Influence of Sociopolitical Factors on Adolescents' and Youth's Development</i>	2022
Melinda LeMaster, Masters Thesis: <i>A comparative Study of Stress, Trauma, Well-Being, and Future Orientation Among Community College Students</i>	2022
Leah Vance-Berg, Doctoral (Graduate Outside Examiner) College of Education, Dissertation: <i>First-Generation Doctoral Student's Experiences Navigating Graduate School</i>	2021
Morgann Hegge Kidwell, Masters Thesis: <i>Sexual Expression and Self-Confidence in Long-Distance Relationships</i>	2021
Martha Rackets, Doctoral Dissertation: <i>The Development of a Couple Observational Coding System for Computer-Mediated Communication</i>	2020
McKenna Fey, Masters Thesis: <i>Emotional Closeness within Romantic Relationships: Is There Transmission Between Generations?</i>	2020

Graduate Seminars and Professional Development Taught at University of Kentucky

Financial Counseling and Financial Therapy Seminar for UK Counseling Psychology Center, Professionals	2024
Graduate Student Personal and Family Finance Seminar (3-Hours)	2023
Graduate Student Financial Therapy Seminar (3-Hours)	2023
Financial Therapy Supervision (Graduate couple and family therapy students) (1-Hour per week, all year)	2023
Annual Marriage & Family Therapy Licensure Exam Workshop (3-Hours)	2018-Present
Graduate Student CV Development Workshop (2-Hours)	2018
Ad Hoc Journal Review Mentorship for graduate students (multiple reviews per year)	2017-Present

Invited Guest Class Lecturer

Invited, Guest Lecturer, Course Professor: Dr. Sarah Kercsmar,	2022-2024
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Undergraduate Course, <i>CLM Capstone</i> Clinical Leadership and Management Program, University of Kentucky Topic: <i>Personal Finance 101</i>	
Invited, International Guest Lecturer, Course Professor: Dr. Jerry Gale	2021
Graduate Course, <i>Relational Financial Therapy</i> Nordhausen University, Germany Topic: <i>Money and Trauma</i> , Virtual	
Invited Guest Lecturer, Course Professor: Dr. Kristy L. Archuleta	2021
Graduate Course, <i>Financial Therapy</i> University of Georgia, GA Topic: <i>Narrative Financial Therapy</i> , Virtual	
Invited Guest Lecturer, Course Instructor: Brian Page	2019
High School Course, Personal Finance Reading High School, OH. Topic: <i>Financial Well-Being in Relationships</i> , Virtual	
Invited Guest Lecturer, Course Professor: Dr. Kristy L. Archuleta	2014
Undergraduate Course, Financial Counseling Kansas State University, KS Topic: <i>Financial Counseling with Low-Income Populations</i> , Virtual	
Invited Guest Lecturer, Course Professor: Dr. Tiffany B. Brown	2014
Graduate Course, Wellness and Spirituality Across the Life Cycle University of Oregon Topic: <i>Therapeutic Techniques in Financial Therapy for MFTs</i> , Virtual	

Academic Journal Editorial Board

Journal of Financial Therapy, Editorial Board	2020-Present
Journal of Personal Finance, Editorial Board	2020-Present

Academic Journal Ad hoc Reviewer

Financial Services Review (FSR)	2024-Present
Journal of Financial Therapy	2015-Present
Journal of Personal Finance	2019-Present
Journal of Financial Counseling and Planning	2019-Present
Contemporary Family Therapy	2019-Present
Family Relations	2018-Present
Family and Consumer Sciences Extension Publications, UKY	2022
Family Process	2015-2016

National Conference Chair

Financial Therapy Association Annual Conference, Virtual	October 2020
Financial Therapy Association Conference Retreat, Virtual	May 2020
Financial Therapy Association Annual Conference, Austin, Texas	May 2019

National Service - Financial Therapy Association (FTA)

Executive Board	2018-2024
Secretary	2022-2024
Past-President	2021
President	2020
President-Elect	2019
Treasurer	2018
Board Chair, Board of Directors	
Education and Certification Chair	2025-2027
Business Development Committee Chair	2018
Student Liaison and Student Chair	2014
Committee Service and Role	
Finance Committee	2021-Present
Annual Conference Review Chair	2017-Present
Annual Conference Paper and Poster Review Judge	2017-Present
Certification and Oversight Committee	2017-Present
Annual Conference Committee	2015-Present
Registered Education Program Committee (combined with Certification in 2024)	2023-2024
Financial Therapy Education Development Sub-Committee	2018-2019
National Examination Sub-Committee	2018-2019
Annual Conference Proposal Reviewer	2015-2016
Social Media and Website Manager	2013

University of Kentucky Committee Service

Department of Family Sciences Curriculum Committee	2021-Present
Gatton Visioning and Innovation Committee	2023-2024
CAFE Communicators (social media and marketing for the College)	2023-Present
CAFE Academic Advisor Associate (Grade 43) Search Committee	2023
CAFE 2023-2024 Continuing and Transfer Scholarships Review Committee	2023, 2024
Barnhart Fund for Excellence Committee	2018-2020
HES Hall of Fame Committee, School of Human Environmental Sciences	2018
Faculty Search Committee for Tenure Track, Assistant Professor in Family Sciences Department	2018-2019
Consumer Economics and Personal Finance (CEF) Undergraduate Major Development Committee	2017-2020

Other Service to the Discipline

AFCPE Quarterly Representative Committee	2021-Present
Invited, Consultant, Modern Husbands, LLC	2022-2023
<i>Consultant for a book, a virtual couples relationship training course, and a Money Date game design</i>	
Invited Editorial Book Reviewer, <i>The Healthy Love & Money Way: How the Four Attachment Styles Impact Your Financial Well-Being</i> , By Ed Coombs	2021
Financial Therapy and Well-Being Lab, University of Georgia	2014-2017
Founding Member and Researcher	

Studying Physiological Responses to Financial Stress & best practices in financial counseling and financial therapy	
GAMFT Student Lobby for Marriage and Family Therapy	2016
COAMFTE Masters MFT Program Reaccreditation Committee	2015
Mercer University, Macon, GA	
COAMFTE Doctoral MFT Program Reaccreditation Committee	2015
University of Georgia, Athens, GA	
Search Committee member for Department Head of the Human Development and Family Science Department, University of Georgia	2013-2014
Treasurer of the Graduate Student Organization (GSO)	2013-2014
Human Development and Family Science Department	
University of Georgia	
Doctoral Research Assistant, University of Georgia	2014-2015
Major Professor: Dr. Jerry Gale	
Doctoral Research Assistant, University of Georgia	2013-2014
Major Professor: Dr. Jay Mancini,	
Family and Community Resilience Laboratory (FCRL)	
Doctoral Research Assistant, University of Georgia	2012-2013
Major Professor: Dr. Jerry Gale	
Graduate Student Research Facilitator, University of Maryland	2011-2012

Clinical Experience

Clinical Therapist Intern, Marriage and Family Therapy	2015-2017
Family Therapy Center, Mercer University	
Clinical Therapist Intern, Marriage and Family Therapy	2015-2017
Navicent Health Hospital, Family Pediatrics	
Financial Counseling and Financial Therapy Intern	2013-2015
ASPIRE Clinic, University of Georgia	
Clinical Therapist Intern, Marriage and Family Therapy	2012-2015
ASPIRE Clinic, University of Georgia	
Clinical Therapist Intern, Marriage and Family Therapy	2010-2012
Center for Healthy Families, University of Maryland	

Workshops and Trainings for Personal Professional Development

UKY's Week of Teaching Virtual Symposium	2020
1-Week, Webinar on Virtual Teaching Practices	
Teaching, Learning, and Academic Innovation	
Center for the Enhancement of Learning and Teaching	
Faculty Teaching Discussion Group	2020
7-Week Discussion Group on <i>Teaching College</i> by Norman Eng	
Led by Dr. Carmen Agouridis, Associate Dean for Instruction	
Quantitative Methodology Research Training	2019
8-Week Online Seminar on Statistics, <i>Steps of Data Analysis</i>	
Professional Development/Faculty Diversity Training	2019
12-Week Seminar on Research Writing and Teaching	
National Center for Faculty Development and Diversity	

Competitive Nomination, Office for Faculty Advancement Faculty Learning Community	2019
9-Week Community and Leadership Development in Teaching Discussion Group on <i>What the Best College Teachers Do</i> by Ken Bain Led by Dr. Larry Grabau, Associate Dean for Instruction	
Grant Writing Workshop	2018
2-Day intensive, Joint Grant Writers' Workshop with the University of Kentucky, University of Tennessee, and Virginia Tech University Presented by Grant Writers' Seminars and Workshops, LLC	

Professional Membership Associations

Association for Financial Counseling and Planning Education (AFCPE)	2017-Present
Financial Therapy Association (FTA)	2012-Present
American Association for Marriage and Family Therapy (AAMFT)	2010-Present
National Council on Family Relations (NCFR)	2010-Present
Georgia Association for Marriage and Family Therapy (GAMFT)	2013-2017
Maryland Council on Family Relations (MCFR)	2010-2012
Committee to promote Professional Development	
Committee to promote Public Policy and Advocacy	

Administrative

Program Director, Family Financial Counseling (FFC) Family Sciences Department, University of Kentucky <i>Responsibilities with administrative duties and student learning outcome reporting for program, program and course design, AFCPE Registered Program Accreditation, recruitment and marketing, social media planning, attending college and career fairs, internship coordination, and student mentorship/advising.</i>	2021-Present
Director of Graduate Certificate, Family Financial Therapy Family Sciences Department, University of Kentucky <i>Responsibilities with administrative duties and student learning outcome reporting for graduate certificate program, and program and course design.</i>	2023-Present